



Elevate Intensive 2026 Week 1

Tuesday July 7th

1:00-2:15PM:

Ballet Technique
Ms. Aria

2:20-3:10PM:

Musical Theatre
Ms. Emily

3:15-4:15PM:

Lyrical technique &
choreography
Ms. Piper

Wednesday July 8th

1:00-1:55PM:

Warmup, Leaps & Turns
Ms. Emily

2:00-3:10PM:

Ballet Technique &
Classical Variations
Ms. Rachel

3:15-4:15PM:

Dance Team Pom
Ms. Izzie

Thursday July 9th

1:00-1:50PM:

Warmup & Hip Hop
Ms. Emily

1:55-3:10PM:

Ballet Technique &
Strength for Pointe
Ms. Aria

3:15-4:15PM:

Contemporary
Ms. Piper or Ms. Izzie

Friday July 10th

1:00-1:45PM:

Acro
Ms. Aria

1:55-2:40PM:

Ballet Technique &
Variations
Ms. Aria

2:45-3:50PM:

Choreo Review
Ms. Emily

Parent Demo @ 4:00PM

ATTP Elevate Intensive 2026 Week 2

Tuesday
July 21th

1:00-2:00PM:
Jazz Technique
Ms. Emily

2:05-3:05PM:
Ballet Technique &
Strength for Pointe
Ms. Aria

3:15-4:15PM:
Contemporary
Ms. Agata

Wednesday
July 22nd

1:00-2:00PM:
Musical Theatre
Ms. Emily

2:10-3:10PM:
Ballet Technique &
Variations
Ms. Aria or Ms. Rachel

3:15-4:15PM:
Dance Team Pom
Ms. Izzie

Thursday
July 23rd

1:00-1:50PM:
Warmup & Hip Hop
Ms. Emily

1:55-2:55PM:
Ballet Technique &
Choreography
Ms. Aria

3:00-4:15PM:
Contemporary Lyrical
Ms. Izzie

Friday
July 24th

1:00-1:45PM:
Warmup & Acro
Ms. Aria

1:50-2:40PM:
Ballet Technique &
Variations
Ms. Aria

2:45-3:50PM:
Choreo Review
Ms. Emily
Parent Demo: 4:00PM